

Hemorrhoids treatment can be external or internal or both together depending on the nature of the hemorrhoids. What is external hemorrhoids External Hemorrhoids are swollen areas of skin and blood vessels around the anus. They are highly innervated and sensitive and are also at risk for thrombosis. They develop around the external opening of the anus. It is usually very painful as the skin around them is very sensitive. Most of the times, they are just bothersome protrusions, which make hygiene and personal care very difficult. Many a times external hemorrhoids develop a clot inside of them.